ThinkUKnow e-Newsletter - November 2016

We are seeing an increase in game and app developers taking more social responsibility and implementing additional ways to protect users.

We've summarised what Instagram and Facebook are doing for you.

Instagram: Hiding inappropriate comment controls

Instagram has created a new setting which allows users to automatically hide inappropriate comments. It will hide a default list of keywords, including obscene language.

Here's an interesting fact — you can also include additional keywords that you would like hidden - like those "cute" comments from Mum!

Want it?

Go to Instagram Settings> Comments> and turn on 'Hide Inappropriate Comments'.

Facebook and Instagram: Self-harm prevention tool

In Australia, it's estimated that 45 per cent of people will experience a mental health condition in their lifetime.

How can you help?

Facebook and Instagram have worked closely with mental health experts to address self-injury.

Both platforms have recently released a suicide and self-harm prevention tool enabling people to anonymously report other users who show signs of self-injury through their images, "likes", comments or hashtags.

Time2Talk

Need to talk?

There's always help and someone to talk to:

- Lifeline (13 11 14)
- Kids Helpline (1800 551 800)
- Beyond Blue (1300 224 636)
- Headspace (1800 650 890)

The platform then sends the owner of the posts a message, along with details of support services.

"Someone saw one of your posts and thinks you might be going through a difficult time. If you need support, we'd like to help."

How to report?

- On Instagram, you can report an image>It's inappropriate>Self injury.

- Facebook allows you to report a post> I think it shouldn't be on Facebook>It's threatening, violent or suicidal.

For more information:

- https://help.instagram.com/196883487377501/?helpref=hc_fnav

- https://www.facebook.com/help/suicideprevention